

*"I have been in the prevention education business for over 34 years and... I have to say that the overwhelming response the panels and videos are receiving is unprecedented. The reactions from students, parents, law enforcement personnel, educators, nurses, and EMS workers, etc. are unanimous in exuberance, respect and understanding of this message."*

– Christina M. Hale, Orange County  
STOP-DWI & Traffic Safety Coordinator

The Lewis Henry Morgan Institute (LHMI) at SUNY-IT, Utica is a non-profit institution and is supported by the Governor's Traffic Safety Committee, the National Highway Traffic Safety Administration & Rachel's Family; the Goldsteins.

## Support

- Support the LHMI's traveling exhibits and documentary films.
- Empower people to examine their choices and realize that there are consequences to their decisions.

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**The Lewis Henry Morgan Institute**  
SUNY-IT, Utica-Rome, NY  
[www.sunyit.edu/onesecond](http://www.sunyit.edu/onesecond)  
[www.friends.sunyit.edu](http://www.friends.sunyit.edu)

# ONE SECOND EVERYTHING CHANGES

## A TRAVELING EXHIBIT SERIES

### Exploring the Tragic Consequences of High-Risk Driving Behaviors



Applied Research to Empower Communities

**THE LEWIS HENRY MORGAN INSTITUTE, SUNY-IT**

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The Lewis Henry Morgan Institute's **One Second Exhibit Series** explores the stories of crash victims across New York State. These forensic-style exhibits focus on high-risk factors such as: the combination of driving and alcohol and/or drug use, excessive speed, and distractions, such as phone use and texting while driving. In addition, the importance of seat belt use is underscored in cases where a lack of seat belt use greatly increased the severity of a victim's injuries or contributed to a victim's death.

## Traveling Exhibits

Each exhibit includes:

**Artifacts:** Personal items from the crash victims, such as: photographs, clothes, drawings and sports equipment

**Statements:** Accounts from survivors, family members, friends and members of the community affected by the crash

**Newspapers:** Local news coverage of the crash

**Timelines:** The chain of events leading up to the crash and the events immediately following

**Aftermath:** Victim's statements read at trial and the outcome of any court proceedings available at the time of the exhibit's creation

*"The power lies in the telling of the lives of the victims... the timeline of the crash where you see how a series of easily-made decisions has a terrible result."*

– Dr. Andrew Wolfe, Executive Director  
Lewis Henry Morgan Institute, SUNY-IT

## Films

**Friends: One Day, One Wrong Turn** (9 min.) examines the alcohol-related Colgate Crash of November 11, 2000, in which four college freshmen died. The film details the easily-made decisions of students during a night out, the life-altering crash and the aftermath that family and friends are left to deal with in their loved one's absence.

**One Second, Everything Changes** (28 min.) questions the epidemic proportion of crashes involving youth in America today through a study of multiple crashes involving poor choices and extreme driving.

**The Consequences of No Consequences** (15 min.) presents the unbearable pain that is the result for parents when there are no initial consequences for underage drinking, only the ultimate consequence: the loss of a child.

**The Ripple Effect** (25 min.) poses a series of questions, each generated by the actions of a repeat drunk driver. This film explores the death of a 17 year old boy just 3 miles from his home and the way in which the survivors – his family, friends, school and community – are forever changed.

**Marine Down: Second Front** (15 min.) presents the alcohol related motorcycle crash of passenger Marine Sergeant George Obad. Through interviews with military personnel, it examines portions of military life, including its drinking culture. \*Contains graphic autopsy photos.

**Living the Code** (19 min.) discusses the deadly consequences for two high school students who abandoned the Student Athlete "Code of Conduct" for one night of fun and drinking. Coaches, teammates and parents share their memories and their encouragement for other student athletes to make better decisions. Also features a crash survivor sharing his story of being hit by a drunk driver and the way it has changed his life, and he hopes, can positively change the lives of others.

**The Second Front** (15 min.) provides candid interviews with combat veterans from different wars where they discuss the use and abuse of drugs and alcohol as a means to combat the symptoms of Post Traumatic Stress Disorder. DWI's, jail time and suicide attempts are discussed, as is the diversion to treatment as an alternative when dealing with combat veterans suffering from PTSD.

# ONE SECOND, EVERYTHING CHANGES

*"It is going to stay in my head for a long time. Seeing pictures of them and seeing stuff that belonged to them really gets the point across."*

– New York Mills High School Student, Oneida, NY



**Holly Foster and Chanae Nelson**  
Bronx, NY

"They were best friends at an early age. Even though Chanae had a severe case of sickle-cell anemia, she decided that they would work together at H&M, where Holly was training. They were inseparable."  
– Kieran Foster, Holly's mother



**Adam Lawas**  
Canandaigua, NY

"A young man, drinking and smoking marijuana in the middle of a beautiful summer day, made the decision to get behind the wheel of a car and is responsible for killing my husband and the father of three beautiful children. This is a loss that is immeasurable."  
– Christine Lawas, Adam's wife



**Jennifer, Neil, Grace, and Kate Flynn**  
Long Island, NY

"I should not be dismissed as a grieving mother. What happened to me and my family should be known and should be given the weight it deserves. Because Martin Heidgen drove 70 miles an hour and mowed us down with a head on crash, I was left to pick up my most beautiful, loving, first born seven-year-old daughter's head off the floor of the limousine... It sounds flat on paper or even stated out loud but living it cannot be described."  
– Jennifer Flynn, Kate's mother



**FRIENDS**  
**Rachel Nargiso, Katie Almeter, Emily Collins**  
Norwich, NY

"Katie's mother told me that there had been an accident and said that Katie was dead and she was sorry. I knew Rach and Emily were gone too, even though I was hoping Rach survived, but I knew they were inseparable and so it goes."  
– Rita Ashton, Rachel's mother



**Matt Angelillo**  
Skaneateles, NY

"...My dad said something about someone dying to my mom, but he didn't know for sure. They decided to go out to find the accident and figure out where Matt was. I went up to the computer and put up an away message; 'Please don't let it be him.'"  
– Lindsay Angelillo, Matt's sister



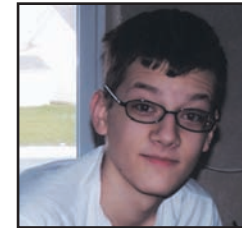
**George Obad**  
MAG49DETB at Stewart Air National Guard Base, Newburgh, NY

"On the night of his death, he made a tragic choice when he accepted a ride home on the back of a motorcycle operated by a friend that was driving drunk...George was found on the shoulder of the road unrecognizable. My hopes and dreams for him were gone forever."  
– Elizabeth Obad, George's mother



**Jenny Carrion-Bryman**  
NYSP Trooper, Troop A, Batavia, NY

"[When] we collided it sounded like a muffled shotgun blast. My car began to spin and I began to pray. When my car stopped spinning I felt my belly and I began to plead 'My baby, please don't take my baby.' When it was confirmed that the other operator was drunk, it was no surprise. I then learned that he had 5 felony convictions for DWI, his driver's license was revoked, and a friend of his registered and insured a car for him."  
– NYSP Trooper Jenny Carrion-Bryman, crash survivor



**Matt Kato**  
West Henrietta, NY

"He was extremely sensitive. He asked, 'Why are we here on earth, mommy?' He was about 5 years old at the time. You could not hide anything from him. He was very intuitive."  
– Bernadette Kato, Matt's mother



**Amy Koo and her father Sgt. Andrew Koo, NYPD**  
Jackson Heights, Queens, NY

"I think the crash taught me a lot in general. It makes me want to be more careful about the decisions I make now... Does this make me a stronger person? I think so."  
– Amy Koo, crash survivor